Jennifer Mazur

Mental Wellness, Mixed Media Artist

Collecting art.

Where do you even get started? You may not realise it, but if you have ever bought a piece of art, your collection is underway.

Stacey

Do you love it?

Does it speak to your soul? How does it make you feel? Is it an extension of your personality and values. It should be something you connect with.

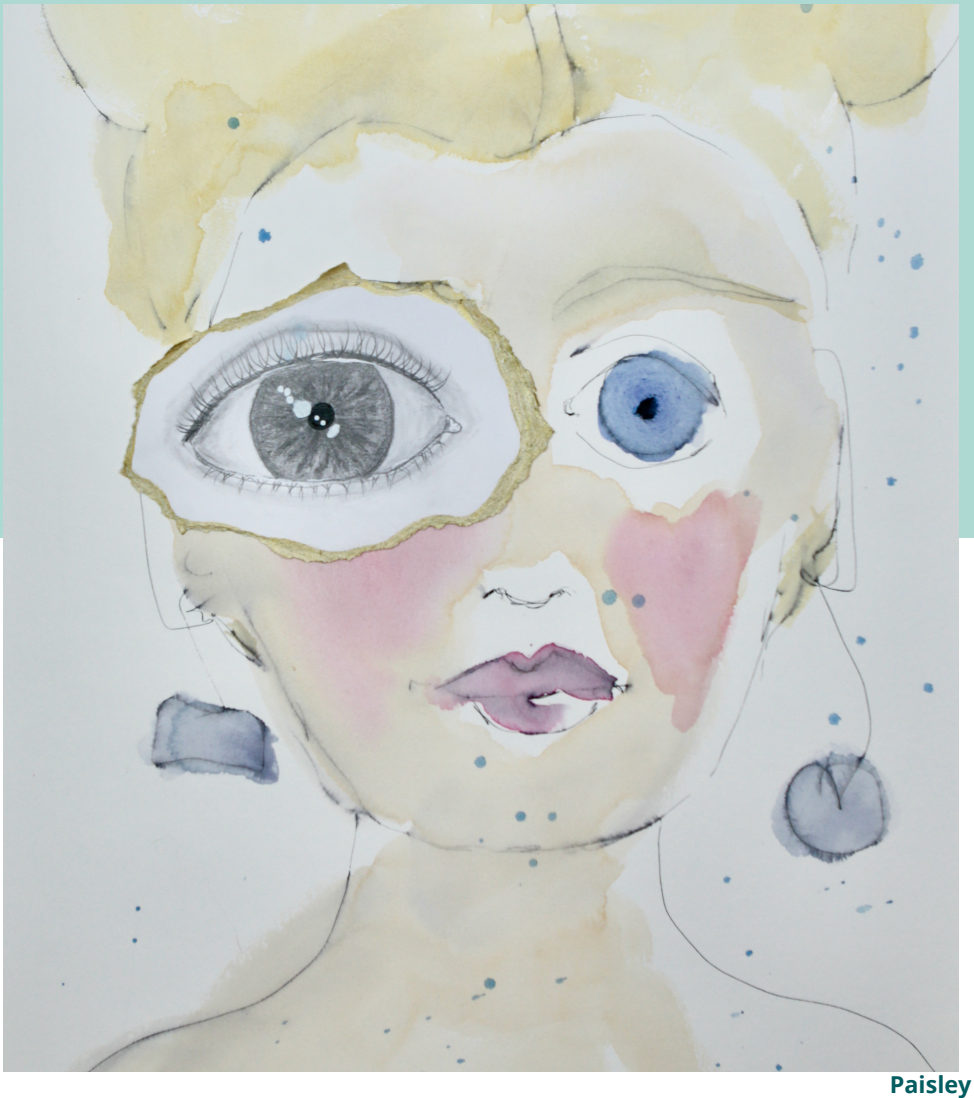
Tori

Do you know exactly where the piece will go? Does the size suit the space? Do the colors go with the room?

Esther

What do you know about the artist?

It can give you a whole new understanding and respect for the artwork when you understand the process and inspiration behind it. Research the artist. Follow them on Instagram or Facebook. The more art you see from the artist, the more you will know if it is the right fit for you.



Paisley

Have you researched the price?

If you are looking for an investment, there are a few things to consider. Have they shown in galleries? Had publicity? Have an established collection with a developed style? These things are not necessary, but might help you to understand the price point.

Val

Are you open to options?

If you've fallen in love with a piece of art, but it is out of your price range, there are a few options. Perhaps there is a less expensive piece from a previous collection or maybe it is possible to pay in installments. Or consider a signed, limited edition print.

Darrell

Building a dream art collection is possible.

It's just a matter of discovering what you love, developing your knowledge and taking the plunge.

Kat

Smash the stigma.

For too long now we have felt society pressuring us to wear a mask that displays a perfect life. Insinuating that anything "less than perfect" is something to be ashamed of. Certainly not shared.

My girls represent the 1 in 4 of us that have suffered from mental health issues during our lives. They feel the need to filter their lives- not so different from an Instagram filter- as they are afraid of being judged. They have a more realistic eye to show the window to their soul, to anyone who is willing to see the true them, without judgement.

You can follow me on instagram at @jennifermazurart. And sign up for my newsletter at www.jennifermazurart.com to keep up with my art, speaking events and receive special offers on original art.

Raised under the Florida sun and living in tune with Swedish nature, Jennifer comes from a long line of artists. Because she has struggled with depression and ADD for most of her life, her art is fuelled by the need to address Mental Wellness.

She finds inspiration in colours, textures, nature, women and dreams.

And uses art as a medium to raise her voice and smash the mental health stigma.